

## Dressings that **CAN** be used during Estim treatments

### Packing

- Sterile water
- Physiological concentration of saline (0.9%)
- Hydrogels containing water (no salt or alginate)
- Gelling fibres (eg. Hydrofiber)
- Gauze or other cotton based dressings
- Cadexomer iodine
- Silverlon (silver nylon dressings)

### Cover dressings

- foams
- hydrocolloid
- transparent film

## Dressings **NOT** used with Estim

- Zinc containing creams or products
- Silver impregnated dressings
  - Free silver ions (Ag<sup>+</sup>) could be driven into tissues by positively or negatively charged electrodes.
  - The interaction between most silver-containing dressings and Estim has not been studied.
- Products containing high concentration of salts
  - hypertonic saline (20%), hypergel, salt impregnated packing
- Antiseptic solutions containing chlorine or iodine
  - chlorahexidene, proviodine, betadine
- Petrolatum/oil based products
- Dressings that make the wound too dry
- When wound moisture is not contained within the dressing (leaking)