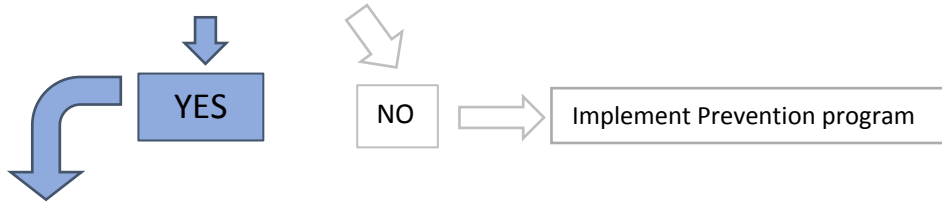


# How Do I know E-Stim is Appropriate?

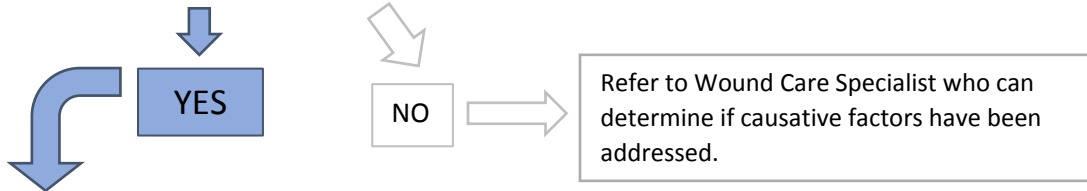
## QUESTION 1: Is it an open wound?

E-Stim is not indicated for surgical incisions, dermatitis (rash), ISTAP Class 1 skin tears, certain pressure injuries (NPUAP stage 1 or deep tissue injuries)



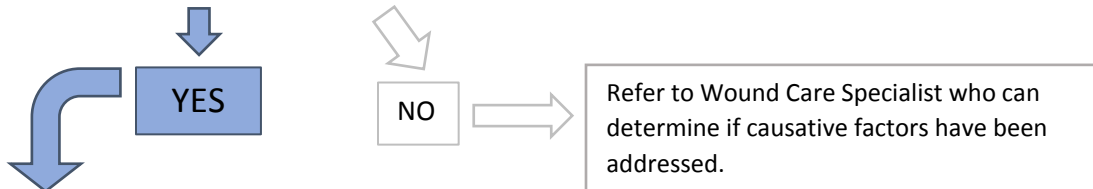
## QUESTION 2: Is the wound etiology known?

E-Stim is known to stimulate healing of a pressure injuries. It has also been shown to help diabetic foot ulcers and venous/arterial leg ulcers.



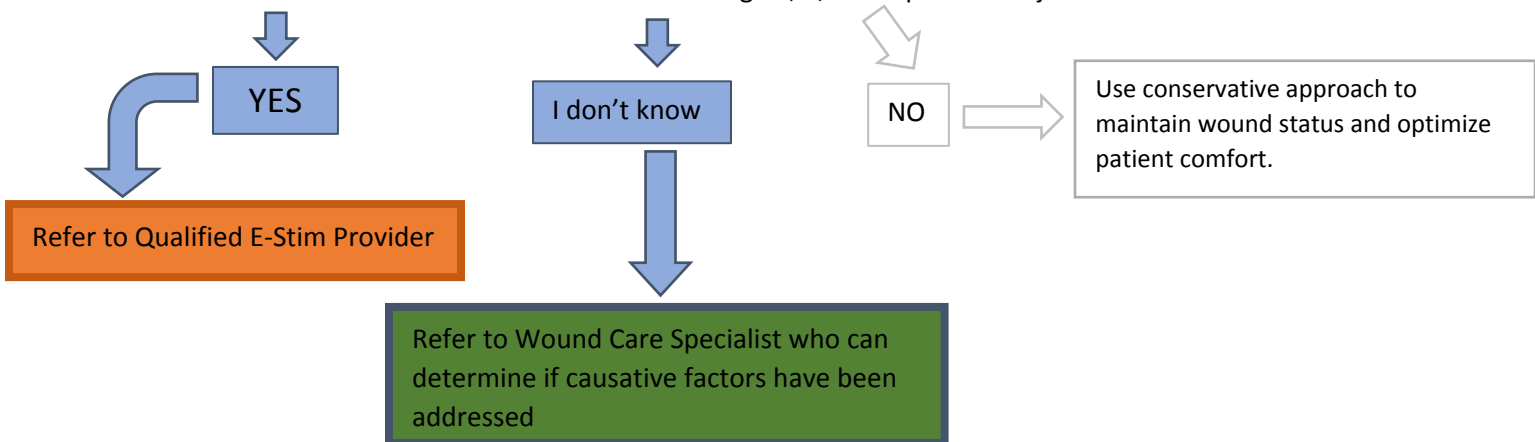
## QUESTION 3: Has the wound existed for 3- 6 months? DON'T WAIT TOO LONG!!!

This is the timeframe when wounds are most likely to respond to E-Stim. Wounds present for longer duration may also benefit from E-stim, however, it will take longer (several months) to heal and there is a greater chance E-Stim may not produce wound closure.



## QUESTION 4: Is the wound healable?

Have underlying causes been identified and addressed? Are barriers to healing optimized? E-Stim is recommended for use on "stalled but healable stage 2, 3, and 4 pressure injuries"<sup>1</sup>



### REFERENCES:

1. Registered Nurses' Association of Ontario (2016). *Assessment and Management of Pressure Injuries for the Interprofessional Team, Third Edition*. Toronto, ON: Registered Nurses' Association of Ontario.

